



## MAYWOOD PUBLIC SCHOOL NEWSLETTER

No. 1 Tiger Drive P.O. Box 46 Maywood, NE 69038  
Phone (308) 362-4223 Website: [www.maywoodtigers.org](http://www.maywoodtigers.org)



### A Holiday Attitude of Gratitude

Thanksgiving has always been one of my favorite holidays, as it celebrates the first American holiday. Once the meal and fellowship are over “Black Friday” inaugurates the Christmas holiday season. Unfortunately, commercial stress of purchasing presents and making the family experience truly joyous have almost swallowed up by commercial Christmas shopping activities by retailers. The stress of the holiday shopping and other activities frequently leaves people missing the real purposes of the holiday season. I believe we are missing out on a wonderful opportunity to practice gratitude and thankfulness for all that we have as Americans. According to the Oxford Dictionary, “Gratitude is the quality of being thankful; readiness to show appreciation for and to return kindness.” Notice that three elements are involved in gratitude, 1) Recognition, 2) Acknowledgement, and 3) Appreciation. I believe that we all miss out in life’s experiences when you fail to practice gratitude, both at home and at school. We have a lot to be grateful for daily and corporately.

Practicing gratitude can be a game-changer: it has far reaching effects, from improving our mental health to boosting our relationships with others (Kindness). Living your life with gratitude helps you notice the little wins—like earning an “A” on a test that you did not think you performed well, someone holding the door for you, or mom or dad making breakfast when you wake up in the morning. Each of these small moments strings together to create a web of well-being that, over time, strengthens your ability to notice the good. Take a few moments, look around and actively look for the good and choose to appreciate.

Building your capacity for gratitude is not difficult. It just takes practice. The more you can bring your attention to that which you feel grateful for, the more you’ll notice to feel grateful about!

- 1. Start by observing.** Notice the *thank you remarks* you say. Just how much of a habitual response is it? Is it a hasty aside, an afterthought? How are you feeling when you express thanks in small transactions? Stressed, up tight, a little absent-minded? Do a quick scan of your body—are you already physically moving on to your next interaction?
- 2. Pick one interaction a day.** When your instinct to say “thanks” arises, stop for a moment and take note. Can you name what you feel grateful for, even beyond the gesture that’s been extended? *Then* say thank you in return.

I have a relative that struggles with possessing an attitude of gratitude. She is a “glass half-empty” individual who constantly sees what she is missing and fails to see what is going well and should appreciate. The challenge for me, is that this type of negativity is a virus that can get the best of people, create frustration, and then I join in on the negative/sarcastic comments.

When routine problems and conflicts arise, I cannot emphasize enough the importance that the first step is recognizing that you are going to be okay, in spite of the struggles you our experiencing. My grandfather used to tell us that “problems are not so much what they are, but how you choose to respond to them.” Think about it, no one can make you unhappy or dissatisfied except you! Recognize that your situation could be worse, and that you have friends and family that care about and love you. Your attitude will either rob you of joy or provide you joy and contentment through your day.

The second element of gratitude is acknowledgement. Challenges abound in everyone’s life and when you can see and feel the light at the end of a tunnel and that your life has truly turned a corner, you feel hope. Hope gives you the energy to take steps that you previously lacked, the energy and where-with- all to finish.

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The last element is the act of appreciation. We need to stop and look around and appreciate people in your life who have been there for you. Take time to be mindful, which helps you tune in into the present moment. Strive to practice gratitude for the “little things.” Share your gratitude for your friends and family, do not take them for granted. Sharing your gratitude is contagious and they will begin finding things to be appreciative. Consciously choose to spread gratitude via your social media platforms. Spreading good to others is one way we can spread gratefulness and you will find that it uplifts you as well.

The Christmas holidays are upon us and I encourage you to take time to be grateful for your friends and family. Go out and look around and see the goodness that is all around you. I am thankful for all the staff, students and families that make up Maywood Public Schools. Happy Holidays!

Mark Bejot



## FBLA National Fall Leadership Conference

Eight members of the Future Business Leaders of America attended the National Fall Leadership Conference in Denver, CO. November 10 - 12. Members traveled to North Platte to join the Nebraska FBLA travel group. Once in Denver, they attended the Colorado Avalanche game that evening. They attended leadership sessions all day on Friday and again on Saturday morning. Before returning home, they toured the Colorado Rockies stadium.

Pryce Johnston, Maddie Merritt, Emmy Oldham, Dallas Grunden, Kyla Patel, Maddie Doyle, Raelene Lanning, and Jenna Ingison.

## Maywood Driver's Education Class

Maywood Public School is proud to provide Drivers Education Class for any student who is interested in taking the course. Maywood Public School and the Maywood School Board will be offering this class free of charge to Maywood students. The class consists of 20 in-class hours covering 19 chapters of the AAA “How to Drive” text and a written exam as well as 5 hours of individual drive time with the driving instructor and a driving exam. The qualifications students must meet to take the class is to be 14 years of age and have a state-issued Learners Permit by the time the driving portion of the class begins (approximately March of 2023). The benefit of taking the class is receiving a waiver of the driving portion of the driver's test for a school permit and the driving requirement for the POP (Provisional Operators Permit). An additional benefit is that some insurance companies offer a discount on student driver insurance policies if they have passed a Driver's Education class.

Maywood's Drivers Education Class will take place immediately after the school day, beginning in January. (A schedule is currently being constructed). Upon completion of the 20 in-class hours, individual drive time will be scheduled for after school as well. If you are interested in signing your student up for Drivers Education, please email the Drivers Education Instructor, Emily Lenz at [emily.garrison@maywoodtigers.org](mailto:emily.garrison@maywoodtigers.org) or call her at the school at 308-362-4223. You may also contact Mrs. Lenz on her personal mobile phone at 308-379-5761 with any questions about the program.

Thanks and drive safely,

Emily Lenz  
Drivers Education Instructor  
Maywood Public School

# December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 MHC BB vs. Wallace at Hayes Center at 4:00 p.m.	3 MHC BB vs. Southwest at Bartley at 1:00 p.m.
4	5 MHC JHBB at NP St. Pats at 2:00 p.m.	6 Cattle Trail BB Tournament in McCook	7	8 Winter Concert Grades K-4 at 6:30 p.m. Grades 5-12 at 7:15 p.m.	9 Cattle Trail BB Tournament in McCook	10 ACT Test Cattle Trail BB Tournament in McCook
11	12 FFA District LDE Contest #1	13 MHC BB vs. Sandhills Valley at Maywood at 4:00 p.m.	14 Bloodmobile at the Community Hall from 12:00 p.m. to 6:00 p.m.	15 MHC BB at Brady at 4:00 p.m.	16	17 Big Springs JV BB Tournament at 10:00 a.m.
18	19 Paxton Holiday Tournament	20 Paxton Holiday Tournament	21	22 1:00 p.m. dismissal	23 NO SCHOOL	24
					Holiday Moratorium	
25 Christmas Day	26 No School	27 No School	28 No School	29 No School	30 No School	31
Holiday Moratorium				Cambridge Holiday Tournament		

## BLOOD DRIVE—DECEMBER 14

Holiday fun can push blood donation to the bottom of the to-do list. Winter weather and seasonal illness can also impact the blood supply. We need donors to shake up their holiday plans and make giving blood a priority this season to ensure we can meet the needs of patients all winter long. All who come to give blood at the Maywood Community Hall on Wednesday, December 14th will receive a \$10 Amazon.com Gift Card by email, thanks to our partners at Amazon. To schedule your appointment, call the school at 362-4223 or visit [redcrossblood.org](http://redcrossblood.org)



# January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No School	3 No School Teacher In-service  MHC BB vs. HiLine at Maywood at 4:00 p.m.	4 JHBB vs. Wallace at HC at 2:00 p.m.	5	6 MHC BB at Paxton at 5:00 p.m.	7
8	9	10 MHC BB at Maxwell at 4:00 p.m.	11 RPAC Quiz Bowl at 1:00 p.m.	12 JHBB at Wauneta Palisade at 2:00 p.m.	13 MHC BB vs. Arthur County at HC at 4:00 p.m.	14
15	16	17 JHBB vs. Maxwell at Maywood at 1:00 p.m.	18 FFA District LDE Contest #2	19 MHC BB at Bertrand at 4:00 p.m.	20	21 RPAC BB 1st round at DCS
22	23 RPAC Girls BB 2nd round at Hitchcock Co.	24 RPAC Boys BB 2nd round at Hitchcock Co.	25 JHBB at Hitchcock Co. at 2:00 p.m.	26 RPAC Girls BB semifinals at Paxton	27 RPAC Boys BB semifinals at Paxton	28 RPAC BB Finals at MCC
29	30	31				

**Congratulations to the Maywood One Act for a 1st place finish at the RPAC West Division Competition and District Runner Up!**



# December 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1% white or flavored milk served daily  This institution is an equal opportunity provider.			1 French Toast  Rib Sandwich French Fries Pears	2 Waffles  Chicken Taco Refried Beans Mixed Fruit Churro
5 Egg Omelet  Mini Corn Dogs Mac & Cheese Apple Sauce	6 Donuts  Teriyaki Chicken Rice Green Beans Pineapple	7 Breakfast Burrito  Hamburger Smile Fries Peaches	8 Muffins  Cavatini Corn Mixed Fruit Dinner Roll	9 Pancake on a Stick  Pizza Broccoli with Cheese Pears
12 French Toast  Beef Nachos Fresh Cucumbers Cinnamon Apples	13 Egg & Cheese Biscuit  Scalloped Potatoes with Ham Green Beans Pears Dinner Roll	14 Oatmeal  Spaghetti with Meat Sauce Peas Peaches Bread Sticks	15 Sausage Gravy over Biscuit  Chicken Nuggets Mashed Potatoes Gravy Mixed Fruit	16 Waffles  Meatball Sub California Blend Applesauce
19 Breakfast Burrito  Ham Patty Sandwich Baked Beans Mixed Fruit	20 Cinnamon Rolls  Pizza California Blend Apple Sauce	21 Eggs & Hashbrowns  Pulled Pork Sandwiches Chips Peas Peaches	22 Sausage & Cheese Biscuit  Italian Dunkers Green Beans Pears	23 NO SCHOOL
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL

Maywood Public Schools is an equal opportunity provider. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

## Senior Citizen Lunches

The Future Business Leaders of America is once again hosting senior citizen lunches. We will plan on scheduling these for the third Wednesday of each month. Our next lunch will be held on December 21st. These lunches start at noon and the cost is \$4.00 per person. Come and join us for lunch and great conversation. Please call school at 362-4223, to let us know if you will be joining us.

## Title 1 Tidbit

The upcoming winter break is the perfect opportunity to enjoy a book with your child. Reading over the school break will not only continue their progress in vocabulary, fluency and comprehension, it can also be a great way to spend time together. As you read to or listen to your child read, here are some tips to help your child improve upon their reading comprehension skills:

\*Preview the story. Ask questions before the reading. Look at the cover and the illustrations/photographs. Make some predictions.

\*Ask questions before, during, and after reading. Try to connect the reading to events in your child's life as much as possible. Encourage your child to ask questions about what they are reading. Ask open-ended questions which don't have one-word answers. Questions that begin with *why* or *how* often yield good answers.

\*When reading a chapter book, after finishing reading for one session, stop and summarize what was read. Before reading the next time, use that same summary to remember and reconnect with the text.

\*Make as many connections as you can. Make some text-to-self connections. Try to see how the book you are reading relates to you. How is the main character like you or someone you know? These connections help to improve comprehension.

\*Share ideas about the funniest or most interesting characters. Compare and contrast those characters to people the child might know in real life.

\*Play an "I am thinking" game. Say: "I am thinking about someone in the story who helps the cat. Who am I thinking about?" Continue to give simple clues until the answer is discovered.

\*If your child encounters any words they are unsure of, encourage them to jot them down and look them up to deepen their understanding of the text.

Enjoy your break and enjoy a book or two together as a family!

Emily Lenz

Title 1 and Special Education Teacher

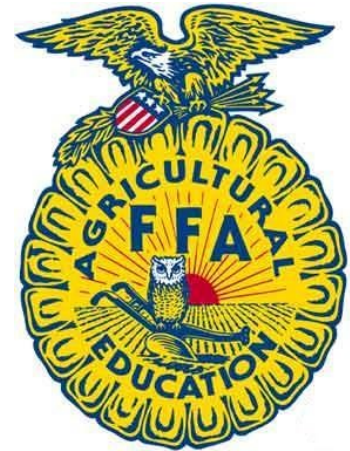
Maywood Public School

[emily.garrison@maywoodtigers.org](mailto:emily.garrison@maywoodtigers.org)

# Maywood FFA and Ag Ed News

By Jeremiah Ingison, Maywood FFA Reporter

The Maywood FFA chapter has been hard at work and it showed at the 2022 Fall District-11 CDE's. Here are the results: In Agriscience, out of a total of 54 kids and 11 teams, there were 3 Maywood teams. Maywood 1 received first place and qualified for state. That team consisted of Maddie Merritt (2nd), Dallas Grunden (3rd), Taren Sailor (5th), and Karissa Stengel (8th). The Maywood 2 team placed 4th and received a red ribbon. The Livestock team had a senior and junior judging team. The senior team, out of 71 contestants and 14 teams, placed 3rd and qualified for state. This team consisted of Gage Gerlach (5th), Haydn Farr (13th), Jeremiah Ingison (21st), and Mataya Roberts (25th). The junior team of Taren Sailor, Maddie Merritt, Dallas Grunden, and Jordan Friend placed 10th out of the 120 kids and 16 teams. Our chapter also had the opportunity to take 12 kids to the National FFA Convention this year in Indianapolis, Indiana. At the convention Jaycee Widenor received her American Degree. Our members attended the Churchill Downs Museum, Evan Williams Bourbon Factory Museum, and The Muhammed Ali Center. In the near future we have our first round of LDE's on December 12, 2022 and our second round on January 19, 2023. We hope the FFA chapter does well and we wish them luck!



The FFA Emblem

The cross section of the **ear of corn** provides the foundation of the emblem, just as corn has historically served as the foundation crop of American agriculture. It is also a symbol of unity, as corn is grown in every state of the nation.

The **rising sun** signifies progress and holds a promise that tomorrow will bring a new day glowing with opportunity.

The **plow** signifies labor and tillage of the soil, the backbone of agriculture and the historic foundation of our country's strength.

The **eagle** is a national symbol which serves as a reminder of our freedom and ability to explore new horizons for the future of agriculture.

The **owl**, long recognized for its wisdom, symbolizes the knowledge required to be successful in the industry of agriculture.

The words "**Agricultural Education**" and "**FFA**" are emblazoned in the center to signify the combination of learning and leadership necessary for progressive agriculture.



**Maywood Public School**  
**P O Box 46**  
**Maywood NE 69038**

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## Postal Patron



Maywood Toys for Kids is a long-time, community non-profit organization. We team up with the local food pantry to attempt to give families a little bit more during the holiday season. Community volunteers wrap the gifts we purchase and our local fire department delivers them each year.

The monetary donations are used to buy items that the children may otherwise go without. For the past few years, we have been able to buy coats, mittens, hats, toiletries, long-sleeved shirts, pants, fun toothbrushes, and a few small toys for the younger children.

This year we have more students on "Santa's list". Persons interested in assisting "Santa" may pickup a sharing card from the Christmas trees located at Community First Bank, Maywood Insurance Agency, Great Plains Tire and Service, The Tin Roof, The Village Market and Maggie's Restaurant.

Each sharing card will contain the necessary information to purchase gifts appropriate for the recipient. Bagged gifts with the sharing card attached may be brought to the Maywood Community Soup Supper scheduled for December 18, 2022, in the Maywood Community Hall.

Those unable to bring their donated gifts at that time may call (308) 362-4223 to arrange to have the gifts picked up or an alternative drop-off date and location. Those who choose to assist through monetary donations can mail your donation to Toys for Kids, PO Box 46, Maywood, NE 69038. Please make your checks payable to 'Toys for Kids'.

Santa's inspiration for this request came from the overwhelming support the community has provided for past "sharing" projects. Thank you, community, for once again caring and sharing! YOU make a difference in OUR children's lives.